ABSTRACT

We have previously reported significant clinical effects of a hot thermal treatment with "Plantar Long-wavelength infrared light irradiation (PP-LILI)" or acupuncture. Although the PP-LILI is non-invasive, it increases pain-related deep tissue temperature and blood flow, and improves multiple diseases including hypertension, type 2 diabetes and carbohydrate-poor patients with metabolic diseases.

Therefore, we aimed to compare the thermodynamics, hemodynamics and psychological effects of PP-LILI and acupuncture. We hypothesized that PP-LILI and acupuncture induce common responses.

METHODS

Results

Introduction

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